Between Research, Treatment, and Music Education

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In an era where the well-being of musicians must be prioritized at the forefront of both education and practice, the First Global Summit on Occupational Health in Music, convened on July 9, 2025, at Johns Hopkins University, marked a pivotal milestone in recognizing occupational health as an indispensable domain for musicians. Building on the Summit's commitment, my presentation will underscore the urgent need for a comprehensive, interdisciplinary approach to addressing the occupational health needs of musicians. In response, I will introduce the Total Musician Health (TMH) model as a unifying framework for reimagining how musicians are trained, supported, and sustained throughout their careers. Together, this framework provides the theoretical foundation, ethical rationale, and practical tools necessary to transform the culture of music education and professional practice.